



**Experience the Mountains**

Lift information Saalbach Hinterglemm Leogang

A big welcome to the unforgettable mountain world of Saalbach Hinterglemm Leogang. During the summer five lifts bring you safely and comfortably to our picturesque mountain peaks. Whether you are a family, a group of friends, or a solo hiker, you can enjoy the impressive panoramic views of the alps. Something to offer for the whole family, for Bikers and Hikers as well as numerous events allow one to experience dreamlike days full of fun and variety. When taking a pause at one of the cosy mountain huts, spoil yourself with culinary delights from the region. Let yourself go and enjoy the peace and tranquility of the Pinzgauer grass mountains. Ticket prices and opening times of the lifts can be found in the information brochure from the lift company.



**Hiking Information**

**Interactive Tour Guide**  
On our homepage: [www.saalbach.com](http://www.saalbach.com)  
Here you will find our interactive guide where individual pages can be printed off in PDF format.

**Preparing for a Hike**  
Study the route you are preparing for on the Hiking Card and advise your landlord of your planned hike and the approx. time you plan to return. Ask for tips from the locals.

**Weather Information/TV Panorama/Information Channel**  
Follow the weather forecast and take note of the current weather conditions (media and locals). If a storm has been forecasted, choose a route that includes a mountain

hut/refuge along the way for shelter if need be, or that you return back to the valley in the early afternoon. Live information regarding weather conditions are shown on television daily.

**Storms in the mountains**  
On a mountain tour, one must always keep an eye on the weather situation and if a storm is brewing, abandon the tour immediately. Leave the mountain peaks and ridges and avoid areas of water (lakes and streams) and solitary trees.

**Environment**  
Please take all your litter back with you to the valley and dispose of it in the bins provided. Please note that many alpine flowers are on the „protected“ list.

**Mountain Huts/Refuges**  
If the weather changes suddenly (and it can do so very quickly in the mountains) or if a mist closes in, turn around or take shelter in a mountain hut/refuge. Never leave the marked hiking trail and avoid short cuts. In early summer do not cross snowfields (danger of slipping).

**Hiking equipment**  
Sturdy hiking boots with profiled soles (no trainers), rucksack (waterproof if possible), first aid kit, foil blanket, rain protection, hat, warm clothing, windproof overgarment, hiking map, adjustable walking poles, sun block, sun glasses, emergency rations, drinks, mobile telephone.

**NEW: SummitLynx in Saalbach Hinterglemm**

**SEVEN SUMMITS**  
As from now on, every hiker has the tracking tool for the SEVEN SUMMITS in his/her own hands: Their smartphone. With this app one can log each of the seven summits with an entry and photo of themselves at the summit (eg. with the summit cross in the background). The operation can be made either live or offline. The entire tour history will be stored on the phone in order that it can be uploaded at a later date. More on the theme of the SEVEN SUMMITS on [www.saalbach.com](http://www.saalbach.com).

**Hiking Pins**  
Of course, hiking pins can also be obtained in Saalbach Hinterglemm. By logging in at the specified checkpoint, one can collect the „hiker“ points which automatically convert to a hiking pin once the allocated number of points are obtained. With the „digital“ hiking pin you can go to the Tourist Office and pick up real metal made pins. PS: The classic control card for punch-marking will of course still be available.

